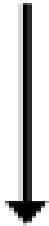
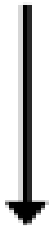


Integrated Care? The View from the Bottom

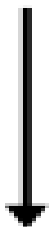
A premise



Doing things



Learning things?



Two conclusions?



LymeForward Health and Wellbeing Group

Current provision of local health, care and support services

**Reference Document
Data as at 31 December 2017**

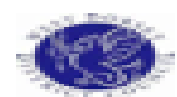
The NHS belongs to the people. ...

You have the right to be involved, directly or through representatives, in the planning of healthcare services commissioned by NHS bodies, the development and consideration of proposals for changes in the way those services are provided, and in decisions to be made affecting the operation of those services.

NHS Constitution for England. Updated 14 October 2015

We want everyone to have an equal standard of care regardless of who they are and where they live, delivered by health and care professionals with the appropriate skills. More of our services will be provided closer to home, with improved access seven days a week.

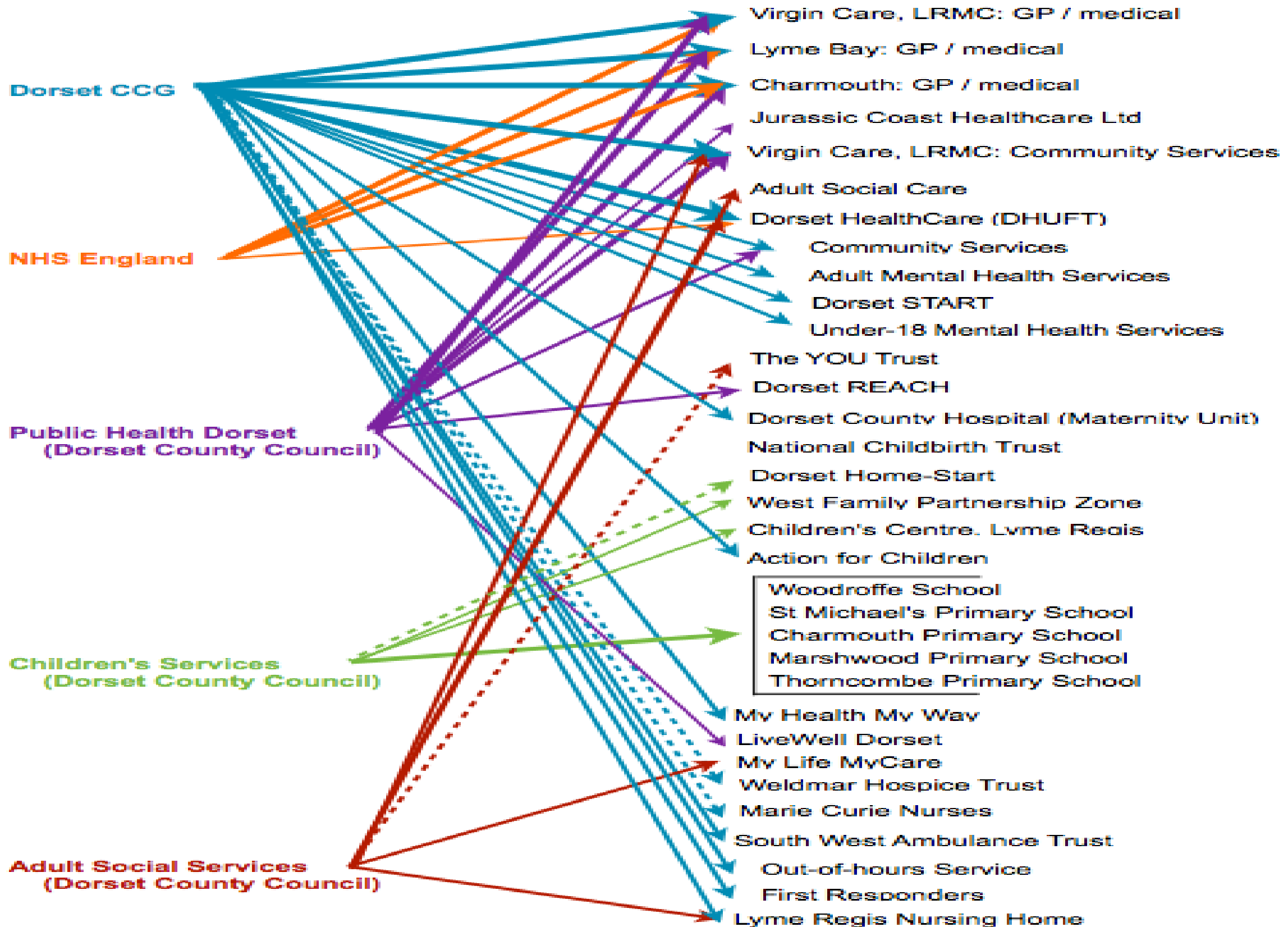
Sustainability and Transformation Plan for local health and care, page 5. Dorset CCG. 20.04.17



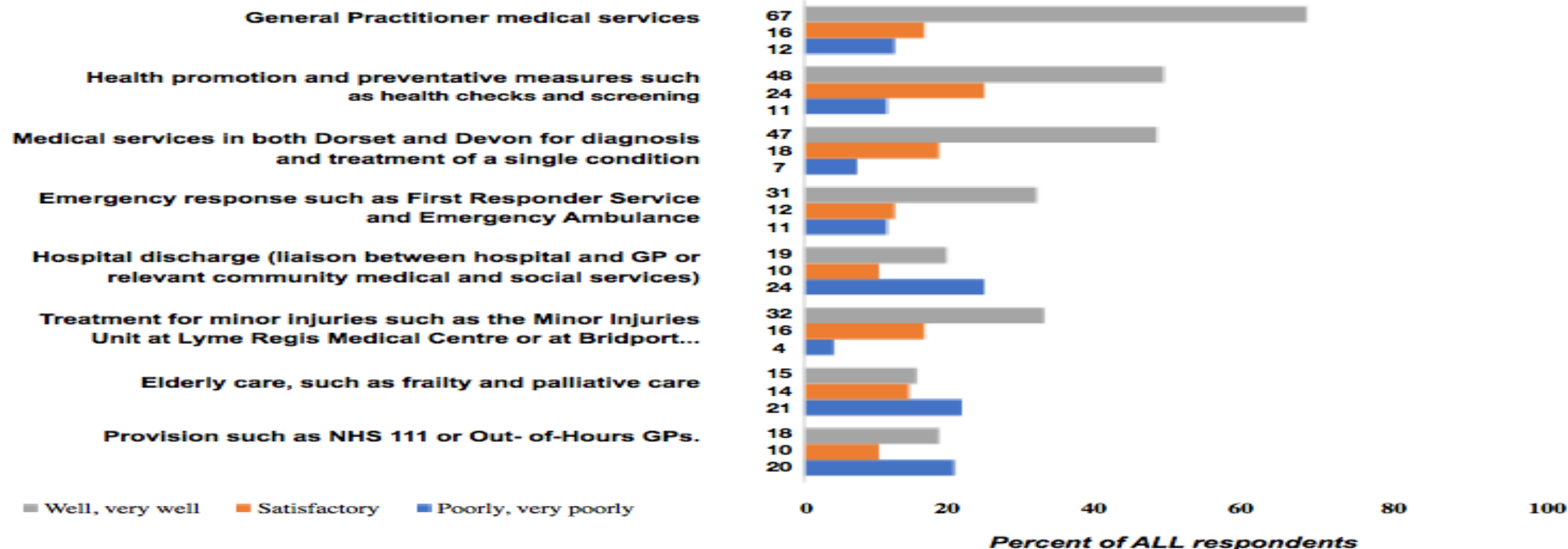
Outline of main commissioning and providing

Main commissioners

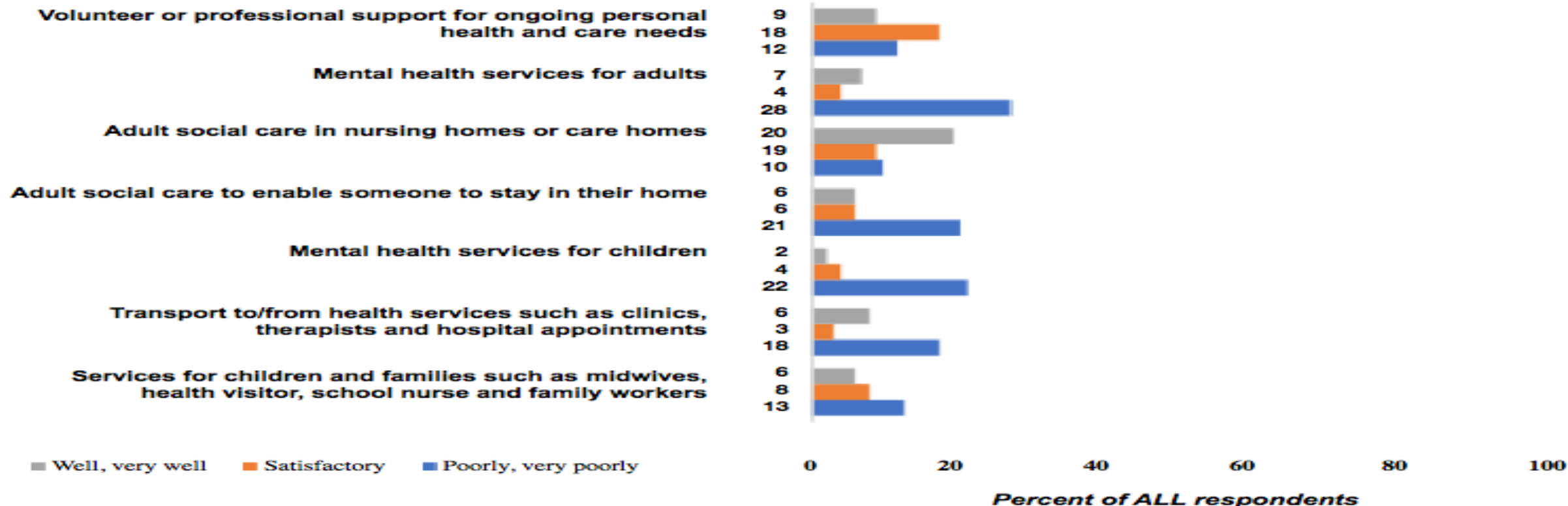
Main providers



Perceived performance: 8 factors with response level of 48% or better



Perceived performance: 7 factors with response level of 39% or worse



Health and Wellbeing

**Welcome to
Care Links Lyme**


LymeForward

healthwatch
Dorset

Health and Wellbeing

Care Links Lyme

part of LymeForward

Drop-in to DRoP!

It's important to keep fit and healthy, and to have good support if recovering from treatment or living with long-term conditions.

DRoP! (Don't Rely on Pills!) is a **free one-off drop-in event** bringing to Lyme Regis a range of people and organisations that offer non-clinical services helping us to maintain physical and mental health, to live in as fulfilling a way as possible, or to manage living independently when that is difficult. Nearly forty organisations have so far promised to come.

Between them they cover from childbirth to old age, a variety of ways to keep well or to help those living with physical and mental health conditions, and lots of practical advice and ways to avoid isolation.

When? Wednesday 28th November, any time between 4.00pm & 7.00pm.

Where? The Pine Hall of the Baptist Church, Broad Street.

**This directory is part of a series collated by the
LymeForward Health & Wellbeing Group**

**Their purpose is to assist clinical and care practitioners, and
the public, to identify local sources of:**

- **help to keep fit and healthy;**
- **support with physical, emotional or mental health conditions;**
- **practical advice for those dealing with challenges in living
independently;**
- **guidance through the regulations and entitlements in the
health, care, financial and legal jurisdictions.**

Unless otherwise indicated, provision is within the Charmouth, Lyme Regis
Uplyme vicinity.

The series comprises:

1. *Keeping fit and healthy*
2. *Social and intellectual activities*
3. *Opportunities for people with physical health conditions*
4. *Opportunities for people with emotional and mental health conditions*
5. *Support for the elderly, frail or isolated*
6. *Care provision at home*
7. *Services for families and children*
8. *Advice services*
9. *Transport*

**The information in these leaflets relies on updating
by those groups and individuals listed inside.**

For changes, deletions and additions, please email

XXXXXXXX

January 2019

Health and Wellbeing

Care Links Lyme

part of LymeForward

**Keeping fit and
healthy –
groups and people
who can help**

**LymeForward**
Partnership for community benefit

Are we at the bottom learning wrong lessons?

For example:

- Care poorly integrated at patient level**
- Confused professionals – how about us!**
- Too many organisations**
- Too much jargon (and some silly titles)**
- Upside-down system**

Members of LymeForward Health & Wellbeing Group as at December 2018

Professor Sue Atkinson, CBE

Formerly Regional Director of Public Health for London and Health Advisor to the Mayor and Great London Authority. Current non-executive Board Member, Dorset County Hospital.

Sue Davies

Practised as an NHS nurse, midwife and health visitor across primary, community and secondary care. Held a range of senior management executive positions in PCTs, NHS Trusts and NHS England. Also Associate Lecturer HR Management, School Governor and Company Director.

Professor Hilton Davis

Emeritus Professor of Child Health Psychology at King's College, London; formerly Head of the Centre for Parent and Child Support at Guy's Hospital, London.

Dave Edwards

Retired Chartered Civil Engineer with British Rail and successors. Governor of local Primary School, Theatre Trustee and Chair of Lyme Regis Medical Centre Patient Participation Group.

Anne Hardman

Formerly Headteacher, Queens Croft Special School, Lichfield, and a trained Social Worker.

Sue Herman

Formerly Dorset POPP Wayfinder.

Ken Lavery

Formerly lead oral and maxillofacial surgeon and medical director at Queen Victoria Hospital, East Grinstead, West Sussex. Current Elected Member of Board of Governors, Dorset HealthCare Trust.

Mike McAlpine

Formerly Chair of Axminster Medical Practice PPG. Currently a leading volunteer member of the group setting up the Axe Valley Health and Care Hub.

Rachael Pope

Formerly Clinical Physiotherapy Specialist in Women's Health; author of 'The NHS: A health service or a "good news factory"?' – A PhD thesis for the University of Manchester, 2016.

Cheryl Reynolds

Practising herbalist and member of Lyme Regis Town Council and West Dorset District Council.

Julie Sheppard, JP

Formerly Head of Communications and Public Relations at University College London Hospitals Trust.

Lavinia Sonnenberg

Consultant in healthcare delivery and commissioning in the private sector. Formerly strategic and project manager in global health and wellbeing organisations with operational responsibility for health assessment clinics and a mental health contact centre.

Steve Trevethan

Formerly a primary school teacher and headteacher. Current chairperson of the Lyme Regis and Marshwood Vale branch of the Liberal Democrats.

Dorothy Wood

Formerly Director of Arts at The Woodroffe School, Lyme Regis. Currently Trustee of the Lyme Regis Development Trust.

Chair: Chris Boothroyd

Formerly Head of English at United Nations International School, New York and Deputy Head, King Edward VI School, Morpeth.

Associate: Maureen Jackson

Chair of Bridport Local Area Partnership and of its Health & Wellbeing Group.

CCG Health Information Network:

'We want people in Dorset to help us shape their local NHS. Listening to your views and experiences will help us build better healthcare services.'

CCG Primary Care Public Engagement 'Plan on a page':

'Local plans to improve services will be developed with local people, e.g. GPs, their teams, Healthwatch Dorset, local councillors, patient groups, local communities and voluntary organisations.'

National Association for Patient Participation (advocated by the CCG) says that:

'Patients will be actively involved in developing arrangements for their primary healthcare before decisions are made' and that ***'Patients will be able to have a say in shaping local services through local PPG networks feeding into commissioning arrangements.'***

In its Press Release of 5th July last year the CCG said:

'As we continue the process we will keep in regular contact with LymeForward's Health and Wellbeing Group and local Patient Participation Groups to test and share ideas.'

CCG report (Nov 2017) on 'engagement' in Lyme said:

'The CCG shall ensure key stakeholders are communicated with regularly.'



LymeForward Health and Wellbeing Group

Outline of gaps, weaknesses and concerns regarding current provision of local health, care and support services

January 2018

We trained hard, but it seemed that every time we were beginning to form up into teams, we would be reorganised. I was to learn later in life that we tend to meet any new situation by reorganising; and a wonderful method it can be for creating the illusion of progress while producing confusion, inefficiency and demoralisation

Caius Petronius [circa AD 65]





LymeForward Health and Wellbeing Group

Proposals for improvement in provision of local health, care and support services

January 2018

Life is really simple, but we insist on making it complicated.
Confucius

**Any intelligent fool can make things ... more complex.
It takes a touch of genius – and a lot of courage – to move
in the opposite direction.**
Ernst Schumacher

**Quite clever people make simple things complex;
very clever people make complicated things simple.**
*Richard Anderson, Health and Social Care Community
Services Manager, East Devon*

